March 2023

The Vision Voice

Free Books

There are a large number of books in our free bin located in the library. We went through 1,000 books, and some of them are now looking for new homes. Anything from Star Wars, Harry Potter, Judy Blume, and a plethora of other interesting books for you to keep.

Staff Training Day

The entire campus will be closed on March 20th due to a Staff Training Day. Be aware that it will be an all-day training session, and we hope you enjoy your three-day weekend.

Enrichment Kits

We'd like to inform you that we've been cleaning up our area and have some really cool enrichment kits that you might be interested in checking out. You don't need anything special; just come on in and we'll be happy to assist you in finding something enjoyable.

Upcoming Events

March 1st- Western Colorado Writers Forum Exploration

March 3rd- Ute Indian Museum Field Trip

March 8th- Art Business Vendor Fair Exploration

March 15th- Music Business Vendor Fair Exploration

March 20th- No School (Staff Training Day)

March 22nd- PE Business Vendor Fair Exploration

March 24th- Dino Journey Field Trip

March 29th- A&M Creations Exploration (High School Only)

Photo IDs Happening in March

Come in and take a photo for your new learner IDs!

Sign ups are available on Schoology, so please RSVP now.

A WORD FROM CARYN

By: Caryn Braddy

"Success is not final, failure is not fatal: It is the courage to continue that counts."
– Winston Churchill

Over the past year and half, we have spent a lot of time addressing how we fit into the regulations for the 1994 Public School Finance Act – either a brick and mortar school or an online school. As an innovative school that has been serving learners for over twenty years, we have been in a constant state of adjustment based on new interpretations of rules or new regulatory personnel at the Colorado Department of Education (CDE). When the CDE approached me in July 2021 to inform us that we no longer could exist within the funding boxes of the past, we embarked on a journey of how to meet their expectations while holding to our individualized learning approach.

- We converted our high school into a Multi District Online School while being allowed to take another year to determine how the K8 could also fit into a box.

A Word from Caryn Cont.

- We have pushed on legislation, HB23-1188, for an Individualized Learning School model to be included alongside brick and mortar, online and blended. This legislation was met with significant opposition from what we believe is lack of understanding of how Individualized Learning Schools meet or exceed requirements set forth for online schools. This process has not been easy and it has required a great deal of perseverance and willingness to adjust based on current information. Our current path has required us to use a strike below on the language in HB23-1188 and replace all of the language to "Preservation of existing programs". This path may also include helping the Colorado Department of Education Schools of Choice forge a path that allows the CDE Finance Division to consider independent study courses to be counted for funding purposes. We believe that this is the solution we need to continue how we serve our learners best – through Highly Qualified Coordinators creating, directing and overseeing courses using individualized resources, environments and instructional modalities (in person classes, cross over classes, concurrent classes, hybrid classes, in home learning and business vendor classes) to promote educational success for all of our learners.

We know some of these transitions have been challenging, and we are working daily to streamline our processes and create more opportunities for your learners. We will never be done fighting for and promoting expanded opportunities that support and enrich your child's education. Our learners bolster our courage to provide an individualized educational experience that leads them into their future.

Planning Ahead for Next Year

We are beginning to plan ahead for next year. If you currently have a learner at VCA and have another learner (not currently enrolled at VCA) who you would like to have attend VCA next year, we would like to begin working with you to make sure your learner is pre-registered for next year. We have posted a **New** Learner Intent to Enroll form in Schoology and have also shared it with your HQC or POC. Please fill out the form and provide the requested information about your new learner. This form is only for new learners from families who already have learners at VCA. Later this month, our Enrollment Coordinator will begin contacting families who fill out the form to explain the next steps in the process of pre-registering your new VCA learner for next year.

We will be doing an Intent to Enroll for **returning** learners through your HQC later this spring.

By: Angela Valentine

Strategies for Testing Success

Most adults remember getting our first driver's license or permit. What we may not remember is the preparation we did to get prepared for the test. We may have taken a driver's ed class or spent time reading and studying the driver's manual. We definitely spent as much time as possible behind the wheel practicing our driving skills so we were prepared for the driving test. We probably practiced driving the car we would be testing in. We didn't always just drive around the same two or three blocks, we drove on other roads too so we knew how to drive in different kinds of traffic. We probably learned to adjust the mirrors and seat so we could reach the steering wheel and pedals easily. We learned how to turn the lights on if it was dark. We were getting comfortable with our car (testing environment) so when it was time for the test we could focus on driving.

With CMAS, PSAT/SAT testing coming up in April, this is a great time to make sure we are helping our learners do everything they can to be prepared for testing so they can do their best on the tests. Preparing for testing isn't just about knowing their math and language arts skills, it is about understanding and being comfortable with how the test is given and how to do their best. Here are some tips to help you help your learner be prepared for success.

Strategies before test day

- Get acquainted with the topics covered and the test questions. Look for sample questions or test prep materials so you can practice before the test.
- Know how the test will be given. CMAS is on the computer SAT/PSAT is pencil and paper.
- Practice your typing skills if the test is on the computer.
- If you are taking a test that has math questions and allows you to use a calculator make sure you know how to use the calculator.
- Know what you need to take with you to the test. Are you allowed to take a book to read, scratch paper, pencils or pens, snacks, something to drink?
- Know whether or not the test is timed and how long it will take.
- Get a good night's sleep the night before the test.
- Eat a good meal before the test and have good snacks available if you are allowed to have them during testing or at a break.
- Arrive at the testing room a few minutes early.

General test taking strategies

- Answer every question.
- Don't get stuck. If you don't know how to answer a question, skip it and come back to it later but don't leave any question unanswered. You are not penalized for guessing.
- Take your time: THIS IS NOT A RACE!

cont'd on pg. 4

Strategies for Testing Success Cont.

- Read and follow the directions carefully.
- Read or listen to the entire question before you answer.
- Use your scratch paper.
- Take brain breaks: bathroom, quick drink, stretch, if allowed.
- Pay attention to bold words.
- Use information from previous test questions to answer future test questions.
- Pay attention to the time.
- Understand the difference between multiple choice (one correct answer) and multiple select (more than one correct answer).
- Don't be distracted by other testers in the room.

Strategies for English Language Arts tests

- Be sure you read writing prompts/questions carefully and respond to the prompt or question.
- Know how to "summarize", "give examples from the text", and "infer".
- Use your scratch paper to write out a rough draft and then type it into the test box.
- Identify paragraph and/or line numbers.
- Refer back to the text when answering the question. Know how to find examples from the text to support your answer.
- Read the question first, then the passage.
- Pay attention to context clues for unknown words.
- Highlight or write down key words, details, or unknown words.
- Figure out what you believe the answer is before you look at the answer choices.

Strategies for Math tests

- Use your scratch paper to write down previous knowledge before the test begins. Write down formulas, math facts, make a number line, etc. to help you answer the questions.
- Use your hands to help you with translations of shapes.
- Figure out your own answer before you look at the answer choices.

Strategies to finish strong

- Go back to make sure you have answered all questions.
- DON'T second guess yourself and change an answer unless you are 100% certain it is wrong.
- Wait for the proctor to give you permission before you push Submit on the test.
- Congratulate yourself for being focused and doing your best work.

By: Angela Valentine

Powderhorn

Our Powderhorn ski days have been unanimously enjoyed by all who have attended. Over 100 people have attended these ski days, making it our most popular event of the school year. We would like to thank Powderhorn for allowing us to schedule these lessons for our learners, and we would also like to thank our staff member Kalie Lindsay for her excellent chaperoning skills.

We would like to highlight more about our Powderhorn lessons in the next edition of The Vision Voice, so if you have any photos of your learners attending these lessons, please email cgallegos@visioncharteracademy.org so they can be featured.

powderhorn mountain resort

By: Christian Alires-Gallegos

School Dances are Coming

Horizons has been hard at work planning events for their fellow learners, and we are excited to announce that some school dances will be held soon!

We are planning two Spring Dances in March, one for middle school learners and one for high school learners.

In May, we will hold our annual Prom, which is open to all high school learners. (9th-12th)

Keep up with us on Facebook and look for more information about the dates and details via email!

By: Renee Joyce

Learner Tyler Koch wins Alpine Bank Pays for As!

Tyler receiving his award.

Tyler won our local Alpine Bank's Pay for As competition because of his hard work and dedication to his education! Congratulations to Tyler on this achievement, and we can't wait to see what else he accomplishes this semester.

Alpine Bank wants to reward your child's good grades! Twice each year, we randomly draw from submitted report cards from kids in grades K-12. Your child could earn up to $50 cash: We pay $10 for As, 4s or Es; $5 for Bs, 3s or Ss for five main subjects.

By: Darci Hellman

Food for Thought Update

Food for Thought had a busy month because we had a short week due to the snow storm that hit us the week before break, leaving us short on volunteers. Fortunately, we have an amazing team that worked together to ensure that our delivery made it to our distribution team. First and foremost, we would like to thank the following staff members for volunteering their time to complete our weekly order before break: Amy Winston, Nan Latta, Mike Gauthier, and Vanessa Ryder.

We also had our health inspection and a site visit from a representative of the Food Bank of the Rockies, which were both necessary steps in solidifying our partnership with the Food Bank. With this, we hope to be best prepared to serve the community as SNAP benefits change. If you would like to participate in Food for Thought, please email fft@visioncharteracademy.org or pick up a Food for Thought form at our RC's front desk, and we will contact you as soon as possible.

Learners Lillyanne Chrsitensen and Tyler Koch after a FFT bagging session.

FOOD BANK OF THE ROCKIES™

By: Christian Alires-Gallegos

Water Challenge Results

These 5 gallon jugs closely represent the amount of water the learners who participated drank.

We have been holding our Water Challenge for the past month and have been blown away by the level of participation from our learner. The results are in, and the total number of completed sheets received is 97! With each sheet weighing 56oz, we calculated that our students drank 5432oz, or more than 42 gallons of water. Thank you to everyone who took part in the challenge; we are already planning future health challenges.

By: Christian Alires-Gallegos

Chairlift Math

In daily math lessons, we rarely get the chance to think about one number for more than a few seconds. Riding up the chairlift together this season, my kids and I have had the opportunity to dwell on one number (our chair number) for several minutes at a time. Whether you ski or not, taking the time to notice numbers you encounter in your everyday life gives your child additional opportunities to practice and pay attention to mathematical concepts.

What chair number is ahead of us?
What chair number is behind us?
What chair number is two chairs in front of us?
What is the sum of the digits in our chair number?
What is the difference between the digits in our chair number?
Is our chair number prime or composite? What are the factor pairs?
Is our chair number closer to chair 1 or closer to chair 100?
What would our chair round to the nearest 10?

How do you find additional opportunities for your children to think about what they are learning outside of assigned lessons?

By: Catherine Wright

#wantahashtag

Whether your favorite social media is Instagram, Twitter, FaceBook, or something else, you have seen and used hashtags #like, #love. As we increase our school presence on Instagram and FaceBook we want our own hashtag and we are looking for great ideas from our learners, families, and staff. There are so many possibilities #ndividualizededucation, #familycommunitypartners, #visioncharteracademy, #vanguards. We will use our #hashtag on posts we make on FaceBook and Instagram. We would also love to have our families use our hashtag on posts you make about things you are doing related to your education at VCA.

What do you think our hashtag should be? If you have a suggestion, fill out our quick form here and give us your idea. Entries will be accepted until Thursday, March 16. The staff will select the one(s) that best represent our school during our staff work day on March 20.

Follow us on:

vcadelta21

Vision Charter Academy

By: Angela Valentine

High School Happenings- March 2023

News you can use for all High School Learners

Every year, the Nature Connection hires close to 40 young people for outdoor jobs serving Delta County children and families. We have some exciting opportunities on trail crews in West Elks and at Delta County Kids Camps. Many of our positions, such as Wilderness First Aid, necessitate paid training and certification. It's more than just a job— it's the start of an outside career! For position descriptions and application information, please visit our website.

Partners runs a program called **Western Slope Changemakers** for kids aged 14 to 18, in which they identify a need in their community and take action to address it. They will not only receive funding, but also assistance and guidance from Partners! Jan Pauly, Art Partner, Partners of Delta, Montrose, and Ouray Counties, can be reached at Office: 970-874-4661 or Cell: 651-307-6293.

FREE HAIR CUT FRIDAYS at TCR
Ask for our VCA Learner, Mikayla, and get a free haircut on Fridays.

VCA Graduation Date
May 17, 2023 at 5:00pm
Delta Performing Arts Center
822 Grand Avenue, Delta, CO
All Seniors and their Speakers need to attend rehearsal at 3:45pm
VCA provides a cap and gown for each graduate. If Seniors want to keep and/or decorate their graduation cap, they will need to purchase their own cap on Amazon. Matte BLACK Amazon/Graduation Mall

VCA Scholarships

SENIORS: You may be eligible for a $10,000 Bridging the Dream Scholarship from The Sallie Mae Fund and Thurgood Marshall College Fund. High school seniors who are US citizens or permanent residents and plan to enroll in an accredited post-secondary institution or continuous education program during the 2023-2024 academic year are eligible. Applicants must demonstrate leadership skills and moral character, as well as submit a short video describing how the scholarship will assist them in achieving their goals.
Students can apply today at Bridging the Dream Scholarships for HS Seniors | Sallie Mae Fund.
The application window is open now through March 27 at 12 pm ET. No purchase necessary. Void where prohibited. Ends March 27, 2023. See Official Rules.

DMEA Scholarship applications now open.

By: Darci Hellman

March Explorations and Field Trips

March 1st- Western Colorado Writers Forum Exploration	• A guest author from Wester Colorado Writers Forum is visiting to give a lesson on poetry and to share their own experiences.
March 8th- Art Business Vendor Fair Exploration	• The first of three Business vendor fairs that VCA will be holding this month. Art will be the primary focus of this exploration.
March 15th- Music Business Vendor Fair Exploration	• This business vendor fair will be focusing purely on music and the opportunities your learners have with it.
March 22nd- PE Business Vendor Fair Exploration	• The last of our fairs will have more physical activities that your learner can experience with our business vendors.
March 24th- Dino Journey Field Trip	• Do you like dinosaurs? That's a rhetorical question because everyone does. Join us on our monthly field trip to the Dinosaur Journey Museum where learners are free!
March 29th- A&M Creations Explorations (High School Only)	• The first of two explorations to A&M Creations. If your high schooler has ever expressed interest in a cooking career this will be a great experience for them.

Feb. Explorations and Field Trips

February had some amazing explorations as not only did we have a breakout box, which the learners always love, but we were lucky to have an amazing guest speaker come in to talk about meteors! Bryan Cashion, who is a local expert and President of the Black Canyon Astronomical Society, came in and led an engaging lesson about meteors that the left our learners in amazement. A huge thank you to Bryan for the lesson that he was kind enough to share with the school, which you can find on Schoology. Unfortunately due to the weather we had to cancel our exploration on the 15th and reschedule our field trip to the Ute Indian Museum to March 3rd.

Bryan Cashion answering a learner's question.

By: Christian Alires-Gallegos

Spotlight Zone - Learner

Isaac Weber

Isaac is a senior who has been involved with VCA for the majority of his academic career. He and his family reside in Paonia and spend a significant amount of time together as a family. Isaac enjoys traveling and has had the opportunity to learn about many different cultures and customs as well as visit some incredible places. One of his favorite memories is of his family's annual trip to an orphanage in El Salvador to help out. Isaac has three younger siblings who are always up for an adventure, whether it's overseas or in the woods! Isaac enjoys hunting, hiking, mechanics, and welding; he took flight lessons for three years, and his current project is restoring his grandfather's 1969 Chevy truck.

This year, Isaac is taking part in the Delta County Ambulance District's Explorer Program. He attends classes and takes part in several ride-alongs. He is currently considering a career as an EMT and will begin training for that after graduation.

Isaac is a kind and thoughtful young man who has volunteered and served for many hours. We are honored to feature him and look forward to seeing where his future takes him. There will undoubtedly be many more adventures!

Learner Isaac Weber

Breonna Giron

Breonna has worked for VCA for ten years. She is a senior who enjoys school. Breonna had the opportunity to intern with the City of Delta this year because she is interested in history and government and wanted to see how our local government works. She has taken tours and worked in various departments throughout the city, and is currently in the middle of a massive filing job! Her coworkers and supervisors have stated that she brings a positive attitude to the workplace and that she works hard.

We are extremely proud of Breonna. She is a dedicated worker, a quick learner, and a caring friend to those around her. She brings stability to the groups that she is a part of. Breonna's mother describes her as "amazing" and a "overcomer", which we concur. Breonna intends to attend college and major in history after high school.

Learner Breonna Giron

Spotlight Zone - Learner

Emma Treagesser

Emma has been a learner at VCA since fourth grade. She is now in ninth grade and entered high school with two credits already earned in eighth grade. She just finished her first semester of freshman year with all A's. English II, Algebra II, AP Human Geography, and pre-AP Biology are all included. That's a lot for a freshman, but she added guitar and culinary arts to round out her schedule. Emma is a talented guitarist who is constantly improving as a result of the hours she spends practicing. She is courteous to her teachers and a joy to have in class. Her mother describes her as talented and thoughtful.

Emma enjoys being organized and completing her assignments on time. She's giving us her all, and we're so proud of her! Congratulations, and good luck in the future!

Learner Emma Treagesser

Otto Sandeno

Otto recently relocated from the Northwest to Montrose. Otto had previously been homeschooled, but his transition to Vision Charter Academy has been nothing short of remarkable. Outside of school, he enjoys fishing, dirt bike riding, and basketball. Otto attended his first two desert dirt bike races last year. He also made the Montrose High School freshman basketball team. He worked hard in the off-season and was rewarded with a starting spot and the title of Team Captain!

Otto volunteers at Grace Community Church in Montrose in his spare time, in addition to sports. He volunteers on the production team once a month, where he operates cameras. His favorite volunteer position at his church is on the outreach team. Otto volunteers in underserved communities and works with youth groups in two different neighborhoods throughout town two to three times per month.

Otto is a lifelong optimist who is full of energy. He's a great young man all around. We are delighted to welcome Otto and his family to our school community!

Learner Otto Sandeno

If you believe there is someone who deserves to be recognized in our Spotlight Zone, please email cgallegos@visioncharteracademy.org with a small paragraph and a photo of that person.

Kudos Korner

For the Month of February We have the Following Staff Highlighted for Kudos!

Nicole Peterson: By Angie Gauthier

- Nicole provides exceptional support to my learners allowing me to manage my workload more effectively. The sheer number of things she can juggle with a smile deserves to be recognized.

Mike Gauthier and Mark Miller: By Laurel Jones, and Darci Hellman

- Mike and Mark did an excellent job converting the new section of the building from a storage shed to a usable workspace! They do everything from cleaning out the break room, discarding and rehoming unwanted items, and assisting Amy in setting up an HQC work station in the library. Because of their efforts, the building looks fantastic.
- These gentlemen have done an outstanding job of keeping our building looking nice, clean, and organized.

Mark Miller, Mike Gauthier, and Vanessa Ryser: By Amy Winston

- Having them go through books, move things, and just help with some heavy lifting was a huge help. Thank you so much for all of your help in cleaning up this room!

Mike Gauthier: By Angela Valentine

- Mike went above and beyond to ensure the Learning Center's furnace was operational and the building was warm for our students and staff. He arrived at the LC at 4:00 a.m. to ensure that everything was warm and toasty for classes at 8:00 a.m.!!

Amy Winston: By Laurel Jones

- Thank you for thinking of us HQCs, for spearheading the creation of a usable work space, and for keeping it stocked with everything we HQCs require!

Shawn Joyce: By Kerstin Owens

- Shawn's commitment to ensuring the safety of our learners and developing an app that makes my job much easier.

Marty Troutman: By Veronica Diaz Adame

- Marty made some delicious treats for our High school toothpick bridge building event.

Tammy Nelson and Kim Signs: By Darci Hellman

- Tammy and Kim have stepped up to oversee the administration of our state testing, which is a massive undertaking. Thank you so much, ladies!

Jane Knob, Marty Troutman and Amy Novacek: By Darci Hellman

- The meaningful and purposeful interactions these ladies have with their high school students continues to be impressive. Each learner receives the utmost attention and an individualized learning plan, allowing all learners to succeed based on their personal goals. Every day, they go above and beyond for each learner!

Want to earn a shot at winning a $5 gift card of your own? Send kudos when you catch staff going above and beyond to: hrdocuments@visioncharteracademy.org

YOU CAN'T WIN IF YOU DON'T PARTICIPATE!

Activities Area- March Edition

9					7		3	
4		6	8	1		9		
3		5	4	6	9	8		1
8	3		2			1		9
5			7	3				6
	6			4			7	
7	4	2						
6		9			2	4		5
		3			4	7		

Name:_____

There is now an interactive section in the Vision Voice newsletter! Solve both the sudoku and the word search, and you could win a cool prize. If you submit all of your Activity Area pages from the semester, you may be eligible for the grand prize. This section was made for learners to complete, but it is encouraged that family members help. Please submit your completed pages to our Engagement Coordinator, who is located at the Resource Center's front desk.

R D M O P H D T W G H D K X J K P J F J
F H Q G M S N E C N E T E P M O C E T W
Z L O I N E W D X S A Z S Q M L Q G K T
S A L F M R N F T J P Q U Y Z T I U B U
J Z L E J L I U K K P H V P Z R D A F U
Q V L U I R E C A R N Y I I N G G R M U
M E J E N T I T L E M E N T O R U D E V
M J F Y B E B G B F D Q T T S S N A R C
S S A Y P U P I L E H F S G R K C V C E
D M L R M S E N S A T I O N E P E B H C
B I L R V G V V B C D V U H P G S G A I
C C V E I B E C I Y R H Q V S H I B N T
U P R F H J J L Q E F W S E E S B A T O
N G P T S Y A G P M R W N I K J D J W N
D D D G Q R V D J H P I I N O A F L G S
X E C Q V R Z F U U S N O Q P B W Y U U
S R C O Z L Z N Y J F Z I O S I X T H P
Y Q M U P X T K Z C U R Z K T J Y O W F
B Q Q R G E G P O R T E R V H V X A H D
U F H G R T Q G K K F F S A R A N Z K F

ferry
car
porter
guard
sensation
fall
notice
competence
pupil
vein
element
merchant
spokesperson
hunter
entitlement

Attention!

SNAP Benefits are Changing Soon

Why is this change happening?

This change is happening because the State and Federal Public Health Emergency declaration that was in place due to COVID-19 is ending soon. With the end of this declaration, SNAP households will see a reduction in monthly benefits to the pre-pandemic amount.

Where can I get help with food?

If you need help with food resources, you can visit bit.ly/CO-foodpantry to find the closest food pantry to you.

What can I do to help my family through this change?

We know this change may have a significant impact on many SNAP families.

A few tips for you are:

- If you are able to, you can roll over your EBT benefits to the next month. This may help "cushion" the impact of the reduction in benefits.
- You can stock up on non-perishable items now, while you have the additional benefits. Click on this link for tips on stocking your pantry: https://tinyurl.com/md6sn348
- Stretch your ingredients and plan to use them in more than one meal. This helps to save money and reduce food waste. Click for more tips: https://tinyurl.com/2p8vcvjn
- Consider freezing your produce to make fruit and vegetables last longer. https://tinyurl.com/5bvjhv9a
- Look at the Unit Prices to compare similar products at the grocery store. https://tinyurl.com/59ub4c75

Where can I find more information?

You can find more information by visiting https://cdhs.colorado.gov/snap.

Disclaimer: The state and counties are not able to extend emergency benefits after the end of the federal emergency declaration

COLORADO

¡Atención!

¡Los beneficios de SNAP cambiarán pronto!

¿Por qué ocurre este cambio?

Este cambio se debe a que finalizará pronto la declaración de emergencia de salud pública estatal y federal que estaba en vigor a causa de la COVID-19. Al finalizar esta declaración, los beneficios mensuales de los hogares que reciben SNAP se reducirán hasta el monto anterior a la pandemia.

¿Dónde puedo obtener ayuda para alimentos?

Si necesita ayuda con los recursos para obtener alimentos, puede visitar bit.ly/CO-foodpantry

¿Qué puedo hacer para ayudar a mi familia con este cambio?

Sabemos que este cambio puede tener un impacto importante en muchas familias del programa SNAP.
A continuación, le ofrecemos algunos consejos:

- Si tiene la posibilidad, puede trasladar sus beneficios de la EBT al mes siguiente. Esto podría ayudar a "amortiguar" el impacto de la reducción de los beneficios.
- Puede abastecerse de artículos no perecederos ahora, mientras dispone de los beneficios adicionales. Haga clic en este enlace para encontrar consejos sobre cómo abastecer su despensa: https://tinyurl.com/2s3rhw4s
- Aproveche al máximo sus ingredientes y planee utilizarlos en más de una comida. Esto ayuda a ahorrar dinero y a reducir el desperdicio de alimentos. Haga clic para obtener más consejos: https://tinyurl.com/ycx7xu6h
- Considere congelar los productos para que las frutas y los vegetales duren más tiempo https://tinyurl.com/3ppnmyad
- Mire los precios por unidad para comparar productos similares en la tienda de comestibles https://tinyurl.com/2p9469c5

¿Dónde puedo encontrar más información?

Puede encontrar más información en
https://cdhs.colorado.gov/snap

Disclaimer: The state and counties are not able to extend emergency benefits after the end of the federal emergency declaration

COLORADO